



**PIQUA
MANOR**
a tradition of caring



Carbry Ridge
ASSISTED • LIVING



HERITAGE HEALTH CARE
Quality Home Care Centered Around You



**Health
Awareness
Series**

**Stretch &
DANCE**

Hour in Piqua

Join us and enjoy wonderful music and safe and healthy activity with Patrice Link Dancing School.

SESSION INFO

Each session will include stretching exercises and group line dancing. Comfortable clothes are suggested. This will be appropriate exercises for all ages, and everyone is welcome. Refreshments will be provided.

SPRING SCHEDULE

3rd Thursday of each month

10:30 AM - 11:30 AM

April 18th

May 16th

June 20th

QUESTIONS?

Please contact Kathy
(937) 418-7624

Location

Piqua Center
987 E. Ash Street, Piqua, OH 45356 - Front Mall Entrance